

# NEWSLETTER

# 2011

## Letter from the General Manager

	Jan	Feb	Mar
Average Temperature	59°F (15°C)	63°F (17°C)	68°F (20°C)
Average Low Temperature	48°F (9°C)	52°F (11°C)	57°F (14°C)
Average High Temperature	70°F (21°C)	73°F (23°C)	79°F (26°C)
Average Sea Temperature	N/A (22°C)	N/A (21°C)	N/A (21°C)
Average Precipitation	6mm	9mm	8mm
Average Rainfall Days	2 Days	2 Days	2 Days
Average Daily Sunshine Hours	8 Hrs	9 Hrs	9 Hrs

Now we don't always believe in weather forecasts, but they offer us an average to plan our lives. As you see, a little bit warmer than where you came from (unless, of course, you live in the southern hemisphere). We are not expecting rain, although it could happen, when it does it is a bit of excitement for us.

We assure you that the sea will not get less than 21°C because of the coral life, they would die in cooler water, and as you will see, it is thriving. A way we would like to keep it and ask your help in achieving this. Please take care when entering the sea, do not walk on the coral reef, it will be destroyed easily and takes many years to grow, about 1 inch per year. We recommend you wear sea shoes to protect your feet. There are many regulations about the Marine Environment, posted on the beach, we ask you to familiarize yourself with them and contribute.

This newsletter offers you information about the hotel and its surroundings. Within the hotel we have several outlets and activities for the young and young at heart. Be as busy or quiet as you like, relax, enjoy, we are happy if you benefit from our little piece of paradise. Within Taba Heights, you have quad bikes, water sports and a golf course that has recently been recognized as the best in Egypt.

If you want to go further afield, St. Catherine's Monastery and Mount Moses is a couple of hours away and Cairo about 5 hours by coach. Cross land borders to visit Jerusalem and the Red Sea to visit Petra, now voted as one of the 7 Wonders of the World.

We look forward to see you around the resort and hope you have a lovely stay with us.

Jan Heesbeen

## THE SPA

A unique place to achieve renewed harmony of mind, body and spirit.

The Spa has a gym available 24 hours a day. The steam, sauna & Jacuzzi are available from 7.30 am till 11.00 pm.

We ask you to dress appropriately and maintain a quiet atmosphere.

There are a variety of massages available and a **special offer of buying 3 and get one wet treatment free**. Ask us about the assortment;

- Thai massage
- Swedish
- Aromatherapy
- Sports
- Reflexology

**New body scrubs and facials** are available through The Spa, they include Egyptian Peeling, Sea Mix, Black Arabic Coffee Wrap or Scrub, Red Sea Salt or Sand Scrub, Coconut Scrub and we have something special for those who stay in the sun a little too long - an After Sun skin treatment.

You could also spoil yourself with a total Indulgence package, tailor made for your preference.

Book ahead for use of facilities in The Spa on extension 50 or 'At Your Service.'

### 1 FREE TREATMENT AT THE SPA

Pay for 3 massages and get 1 Wet Treatment FREE. A variety awaits. Book your treatment times from 11 am to 8 pm. Gym open 24 hours & Health Club open 7.30 am to 11 pm



TABA HEIGHTS  
RED SEA RESORT  
Marriott

Taba Heights Marriott Red Sea Resort  
PO Box 46621, Taba, South Sinai, Egypt  
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# What To Do in Taba Heights



## Golf in Taba Heights

Imagine impeccably manicured fairways and greens, with stunning views of the crystal clear waters of the Red Sea, against a breathtaking backdrop of the Sinai mountain range, welcome to the Marriott Red Sea Resort & Taba Heights Golf Resort.

As Marriott and Golf are synonymous with style and class, the two are made for each other. No less so than in Taba Heights where the Marriott Red Sea Resort is complemented by the Golf Resort.

Both entities support each other with a full program of events throughout the year. "We no sooner complete one event than the planning of the next is in full swing, as well as the following year's competition," commented the Taba Heights Golf Resort's General Manager.

Apart from weekly competitions that Marriott Red Sea Resort sponsors, there is the Race to Taba Heights, in its third year, a series of 8 events, each an 18 hole Stableford event playing off full handicap allowance. It is a competition geared to regional players, Taba Heights being within sight of 4 countries, as it is played from September to May.

The Pro-Am competition in November includes a 54 hole Pro-Am tournament. The amateurs will take home excellent prizes while the professionals contest a substantial prize fund.

Supporting the National Golf Club Challenge, which aims to bring all the UK golf clubs together in support of Help for Heroes, Taba Heights Marriott Red Sea Resort is one of the co-sponsors, where the main prize is 7 nights accommodation and golf.

The group of winners will be in the Taba Heights Marriott Red Sea Resort during the middle of February, to enjoy their prize of a golfing holiday.

For more information on The National Golf Club Challenge, including how to enter your golf club, go to [www.nationalgolfclubchallenge.org.uk](http://www.nationalgolfclubchallenge.org.uk)

## TABA HEIGHTS GOLF RESORT

Tee off under a crop of desert mountains overlooking an incredible expanse of blue water. Open every day, there are also several events running throughout the year:

- A weekly series is held on a Friday
- A 54 hole ProAm, in November
- Race to Taba Heights with 8 competitions, each event runs as a separate competition



See three countries while playing a round of golf in the middle of the desert.

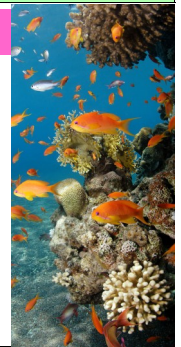
Taba Heights Golf Resort		
Daily	10.00 – 11.30 am & 4.30 – 6.00 pm	Sales Desk in the Lower Lobby
Tue	7.00-8.00 pm	Wii Game of golf in the Lower Lobby
Wed	3.30-4.30 pm	Free introduction at the Golf Resort
Daily	6.30 am to sunset	Golf

## RED SEA WATERWORLD

A PADI 5\* Gold Palm Resort and National Geographic Diving Center. A full range of water sports activities.

- Cat sailing
- Windsurfing
- Underwater exploration
- Snorkeling
- Water-ski
- Wakeboarding

• Banana Book your excursion at the desk located in the reception or kiosk on the beach.



Waterworld		
Daily	9.00 – 11.00 am & 7.00 – 10.00 pm	Sales Desk between Restaurant & Lobby
Sun & Tue	2.30 pm	Free try-dive in the pool
Wed	10.30 am	Introduction to Sailing at the center, transport provided, ask the Waterworld staff for more info
Daily	8.30 am- 5.30 pm	Kiosk on the beach for activities and snorkeling equipment & guide. Windsurf on the beach

## CANYON MOTOR SAFARI

Set behind the main Taba Heights resort, the tracks follow the area's most beautiful wadi.

A fleet of over 40 quad bikes, Yamaha 2007/8/9 models, with engines of 350 cc, 250 cc; 80 cc & 50 cc for the kids. Along with Desert Drifters

Full safety equipment and refreshments are included in the price. Yamaha centre of the year 3 times and one year from the Ministry of Tourism



Book your excursion at the Canyon Motor Safari desk located in the lobby and at the Breakfast reception.

Canyon Motor Safari		
Daily	8.30 am – 5.00 pm	Sales Desk between Restaurant & Lobby
Daily	8.00, 10.00 am, 12.00 noon, 2.00 & 4.00 pm	Daily excursions – pick up at hotel 15 minutes beforehand



# What To Do in Marriott

Start time	Activity	Location	Activity	Location
10.30 am	Stretching	Grass beside Towel Center	Table Tennis	ask at the Reception for the bats & balls
11.15 am	Water Polo	Pool	Volleyball	ask for the ball at the towel counter, 8.00 am to sunset
12.00 noon	Aqua Gym	Pool	Billiard	inside the Regatta bar, open from 1.00 pm to 1.00 am
3.30 pm	Dance Lessons	Grotto (beside slide)	Darts	inside the Regatta bar, open from 1.00 pm to 1.00 am
4.15 pm	Arabic Lessons	Around pool	Giant Chess	located beside the Kids Pool
			Tennis	ask at the Health Club for rates and equipment



Water Aerobics

Stretching

### LOBBY LOUNGE ICE CREAM HAPPY HOUR

Buy One Get One FREE from 4 - 5 pm daily  
Mövenpick Ice Cream and including  
all items on Ice Cream Menu.  
Located beside the Reception  
OPEN 10 am to 11 pm



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### COOKING CLASSES

Every Wednesday 12 noon to 1 pm in the kitchen  
of Taba Heights Marriott Red Sea Resort. 6 local  
salads will be prepared by you and eaten as lunch.  
55 LE per person  
Sign up at the Reception



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### REGATTA CLUB PIZZA SPECIAL

Order a PIZZA SPECIAL and get a FREE fruit salad with  
your order. Drinks not included.  
The Regatta Club is located at the Lower Lobby Level.  
OPEN 1 pm to 1 am



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## Upgrades & Updates

Taba Heights Marriott Red Sea Resort is constantly improving and updating.

If you have been a visitor before, you will be aware of the room renovations.

Take a walk along the promenade and you will see the gardens expanding, with our meandering garden beside the Waterworld cottage. This concept will be taken to the north side too, watch out as we develop an environmentally sustainable garden area, with more meandering paths.

We also plan changes in The Spa, to upgrade and improve the building, giving us a chance to offer the standard of Marriott Spas around the world. Then look out for the food and beverage outlets, some truly extravagant ideas will be developed over this year. Welcome and enjoy.





As a worldwide leader in the hospitality industry, Marriott International is committed to the responsibility of protecting the environment for our associates, our guests and our communities. By implementing a wide range of environmental solutions across Marriott's hospitality portfolio, we intend to increase our efforts every year to conserve and protect global natural resources. In every community, we will continually expand awareness and action among our associates and will respond to the environmental interests of our guests.



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## Environment

Taba Heights Marriott Red Sea Resort joins the Green Star Hotel Initiative in its second phase. This program began in 2006 with the objective of significantly improving environmental performance, reducing energy and water consumption, increasing the use of renewable energy, ensuring correct waste disposal and raising awareness.

All the same objectives that

Taba Heights Marriott Red Sea Resort has embarked on over the last 4 years, with the goal of ISO certification.

AGEG Consultants represent the Green Star Hotel initiative and were highly impressed at the level of environmental awareness and participation of the Taba Heights Marriott Red Sea Resort.

In the engineering department over the last four years water consumption has reduced from 600 liters per guest to around 290 liters today. The decrease in power

consumption was a whopping 19% between 2008 and 2009, which also reduced our carbon dioxide to Delta12.

The rooms were installed with electronic cards, to activate the electricity, at the end of 2008, as well as water savers which have achieved a 75% reduction. The whole hotel has power saving light bulbs, which achieved 60% reduction in room use.

There are many actions, some of which you can participate in, to reduce, reuse and recycle.

## Wedding Celebration



Recently Stephen and Diane Haggan were serenaded through the hotel by an Egyptian Zaffa band, like no other around the world, from the reception of the hotel, down the water cascading stairway, through the resort's square, to be met by a belly dancer. Afterwards continue with the Zaffa around the gardens of the pool to reach the beach. A blessing and cheer waited them. Requested by many, this is what the Taba Heights Marriott Red Sea Resort is offering its marrying guests.

A sumptuous and luxurious dinner in your own setting, under the starlight, to make your day. Here the serenade was low key and amorous. You can make your event as extravagant or low key as you want, with your guests and favorite staff to share in the memories. Contact us for further details on [mhrs.tcpeg.senior.sales.mgr@marriott.com](mailto:mhrs.tcpeg.senior.sales.mgr@marriott.com)

## Suite Upgrades

Taba Heights Marriott Red Sea Resort is assuring its guests of a well maintained and comfortable experience during their stay.

New renovated rooms in the hotel are taking you into a sensual Arabesque feel that assures you that you have arrived at your destination. You could imagine yourself checking in to a Nubian Village, with all the mod-cons and luxury a Marriott can afford.

The colors are fresh, crisp and clean. Three buildings are completed; the rest of the 394 rooms will follow this year.

Currently that is 128 rooms completed and a further 128 rooms will be completed during these months, with minimum

disturbance to guests in our resort.

Recently all the bedding of the hotel has been brought up to the Marriott International standards, ensuring guests the most restful sleep possible.

Ask at the reception about our upgrade to the newly renovated rooms, 10 US\$ charge will add the benefits of: New Room, Tea and coffee free of charge, Bath robe and slippers (for use in the hotel), Nightly refresh service, Fruit basket, Free mini bar (limited), Free usage of spa facilities (gym, steam, sauna & Jacuzzi).

Also suite upgrades starting from 50 US\$ per night for Junior, Deluxe, Executive or Presidential, contact the reception to find out more.

### SUITE UPGRADES

Choose from Junior, Deluxe, Executive or our Presidential Suites; starting from 50 US\$ per night. Extras include use of bathrobe & slippers, coffee & tea free, fruit basket on arrival, limited mini-bar free & use of The Spa. Ask at the reception for more details.



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Kid's Corner	LOCATION	Kid's Club (room 509)				13:00-14:00	Pool & Beach		
	TIME	10:00-11:00	11:00-12:00	12:00-13:00	14:00-15:00		14:00-16:00	16:00-17:00	
<p>A full day's program awaits your little ones.</p> <p>Activities are supervised and all children are encouraged to participate.</p> <p>Baby sitting service available with 24 hours notice, with charge.</p> <p>Kid's climbing frame and swings are available near the beach, along with a Children's Swimming pool. Adult supervision required.</p>	<b>Saturday</b>	Cartoons	Painting	Hide & Seek	<b>B R E A K</b>	Water Balloons	Bingo	Sack or Egg Race	
	<b>Sunday</b>	Painting	Cartoons	Play Station		Bingo	Water Balloons	Hide & Seek	
	<b>Monday</b>	Cartoons	Painting	X-BOX		Face Painting	Treasure Hunt	Funny Water	
	<b>Tuesday</b>	Mini Bowling	Dominos	Cartoons		Treasure Hunt	3 Legged Race	Water Balloons	
	<b>Wednesday</b>	Dominos	Cartoons	Painting		Face Painting	Hide & Seek	Treasure Hunt	
	<b>Thursday</b>	Painting	Mini Bowling	Cartoons		Face Painting	Kid's Party		
	<b>Friday</b>	Dominos	Apple Pie	Painting		Sack or Egg Race	3 Legged Race	Bingo	

Full Moon, Salsa & 70's Disco parties take place on the beach, in the Grotto cave or at the Regatta Club, with lots of revelers enjoying the extra activities we offer. The Marriott Red Sea Resort becomes the party venue of Taba Heights, come dance the night away with us.

## Dining options in Taba Heights Marriott Red Sea Resort

includes:

**Al Andalus** - main restaurant for breakfast, lunch and creative themed dinner buffets. Indoor and outdoor seating areas.



**Ayam Zaman** - enjoy a live takht band, serving local hot and cold drinks & snacks. Flavors of shisha (water pipe) are offered. Relaxed seating of cushions on carpets.

**Beach Bar** - on the beach, offering à la carte snacks, lunches, drinks and cocktails. A variety of grills, sandwiches and ice cream. Outdoor seating area.

**El Fuego** - an authentic Mexican café and restaurant, with wonderful views over the Golf Course, the Gulf of Aqaba and the mountains of Jordan & Saudi Arabia. Located in Taba Heights Village, reach it by free TufTuf bus that moves every half hour. Indoor & outdoor seating area.



**Grotto** - on the swimming pool's terrace, offering à la carte snacks, barbecue, drinks, lunches and dinner. Thursday Seafood Dinner including Oriental entertainment. International Show on Tuesdays. Indoor and outdoor seating areas.



**Juice Bar** - offering refreshments & branded ice cream. Outdoor seating area.

**Regatta Club** - offering cocktails, lunches and dinners. Nightly entertainment with DJ music. Monday & Friday Karaoke. Oriental Shows on Monday, Thursday & Saturday. Salsa Sundays with Latino Show. Indoor and outdoor seating areas.



**Tuscany** - fine dining Italian restaurant, offering à la carte dinners, with extensive menu. Indoor and outdoor seating areas.

**FULL MOON PARTY**  
Join us on the beach  
Tue 18 Jan  
Wed 16 Feb  
Sat 19 Mar  
from 9.00 pm  
Enjoy our special cocktails  
Party under the moonlight  
DJ Mahmoud spinning the discs

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## Taba Heights Marriott Red Sea Resort Activities for Jan, Feb & Mar 2011



Newsletter

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Monday		
Time	Event	Location
1.00 - 11.00 pm	Daily Happy Hour - 2 for 1	Bars & Restaurants
6.30 - 11.00 pm	Asian Night	Al Andalus Restaurant
8.00 - 8.30 pm	Kid's Disco with the Animation	Regatta Club
8.30 - 9.00 pm	Belly Dancer	Resort Square
9.00 pm - early	Karaoke with DJ Mahmoud	Regatta Club
Tuesday		
1.00 - 11.00 pm	Daily Happy Hour - 2 for 1	Bars & Restaurants
6.30 - 11.00 pm	Mexican Night	Al Andalus Restaurant
8.00 - 8.30 pm	Kid's Disco with the Animation	Regatta Club
8.00 - 10.00 pm	Bedouin Dinner with Belly Dancer & Oriental Show	Grotto Restaurant
10.00 pm - early	DJ Mahmoud spinning the discs	Regatta Club
Wednesday		
1.00 - 11.00 pm	Daily Happy Hour - 2 for 1	Bars & Restaurants
6.30 - 11.00 pm	Chinese Night	Al Andalus Restaurant
8.00 - 8.30 pm	Kid's Disco with the Animation	Regatta Club
8.30 - 9.00 pm	International Show	Grotto Restaurant
9.00 - early	70s Disco Party	Grotto Restaurant
Thursday		
1.00 - 11.00 pm	Daily Happy Hour - 2 for 1	Bars & Restaurants
6.30 - 11.00 pm	Middle Eastern Night	Al Andalus Restaurant
8.00 - 8.30 pm	Kid's Disco with the Animation	Regatta Club
8.00 - 10.00 pm	Folkloric Show	Resort Square
10.00 pm - early	DJ Mahmoud spinning the discs	Regatta Club
Friday		
1.00 - 11.00 pm	Daily Happy Hour - 2 for 1	Bars & Restaurants
6.30 - 11.00 pm	Mediterranean Night	Al Andalus Restaurant
8.00 - 8.30 pm	Kid's Disco with the Animation	Regatta Club
8.30 - 9.00 pm	Fakhir Show	Amphitheater
9.00 pm - early	DJ Mahmoud spinning the discs	Regatta Club
Saturday		
1.00 - 11.00 pm	Daily Happy Hour - 2 for 1	Bars & Restaurants
6.30 - 11.00 pm	Egyptian Night	Al Andalus Restaurant
8.00 - 8.30 pm	Kid's Disco with the Animation	Regatta Club
8.30 - 9.00 pm	Tanoura	Resort Square
10.00 pm - early	Karaoke with DJ Mahmoud	Regatta Club
Sunday		
1.00 - 11.00 pm	Daily Happy Hour - 2 for 1	Bars & Restaurants
6.30 - 11.00 pm	International Night	Al Andalus Restaurant
8.00 - 8.30 pm	Kid's Disco with the Animation	Regatta Club
8.30 - 9.30 pm	Latino Show	Resort Square
9.30 pm - early	Salsa Sundays	Regatta Club

**Full Moon Parties 18 Jan / 16 Feb / 19 Mar 11**

### HAPPY HOURS

**1.00 – 3.00 pm**

Beach Bar  
2 for 1 Beer

**4.00 – 5.00 pm**

Lobby Lounge  
2 for 1 Ice Cream

**5.00 – 6.00 pm**

El Fuego  
2 for 1 Beer, Wine & Cocktails

**5.00 – 7.00 pm**

Lobby Lounge  
2 for 1 Beer

**7.00 – 8.00 pm**

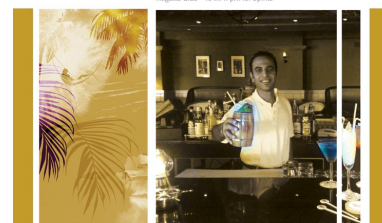
Regatta  
2 for 1 Cocktails & Spirits

**10.00 – 11.00 pm**

Regatta  
2 for 1 Spirits

### HAPPY HOURS

2 for the price of 1  
Beach Bar – 118 3pm for Beer  
El Fuego Bar – 5:00 6pm for Beer, Wine & Cocktails  
Lobby Lounge – 5:00 7pm for Beer  
Regatta Club – 7:00 8pm for Cocktails & Spirits  
Regatta Club – 10:00 11pm for Spirits



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